



Dr Anneline
THE F+N DOCTOR

Code of Conduct

Introduction

The aim of this Code of Conduct is to advise of the acceptable practices of *Dr Anneline – The Food and Nutrition Doctor* team. The Code of Conduct reflects the standards of professional and ethical conduct as a health care advisor and a scientist

1. Code of Conduct

- 1.1. Team members are accountable for their actions in professional practice and have moral and legal obligations for the provision of safe and competent health advice within the constraints of their specialty.
- 1.2. Maintain current professional knowledge, skills and attributes through continuing professional education and personal development practices.
- 1.3. Conduct ourselves ethically and professionally at all times.
- 1.4. Provide professional services with a duty of care for benefit and wellbeing of the client(s) at all times.
- 1.5. Recognise the limitations of the treatment they can provide and refer clients to other appropriate healthcare professionals when necessary.
- 1.6. Respect a client's autonomy, needs, values, culture and vulnerability in the provision of nutritional food science advice.
- 1.7. Accept the rights of clients and encourage them to make informed choices in relation to their healthcare.
- 1.8. Treat clients with respect, and do not engage in any form of exploitation whether financial, physical, sexual, emotional, religious or for any other reason.
- 1.9. The provision of the services of *The Food and Nutrition Doctor* may be withdrawn subject to biases, conflict of interest or if the team feels unsafe for any reason at any time. This is at the discretion of Dr Anneline – The Food and Nutrition Doctor team.

2. Duty of Care mandate:

- 2.1. Accept the rights of clients to make their own informed choices in relation to their healthcare.
- 2.2. Prior to commencing an assessment or treatment, the team member must ensure that informed consent appropriate to that assessment or treatment has been obtained and disclaimer has been sighted and signed.
- 2.3. In providing assessments and treatment to clients, the team member must exercise reasonable skill, competence, diligence and care.
- 2.4. Shall not misrepresent or misuse their skill, ability or qualification.
- 2.5. Must not attempt to dissuade a client from seeking or continuing medical treatment.
- 2.6. Assist a client to find other appropriate healthcare services when required.



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- 2.7. Can and may refuse accepting a client into their care if they believe they are not the right person to assist the client.
- 2.8. Must not engage in any personal, physical or emotional behaviour, or relationship with a client without consent or mutual agreement.
- 2.9. Any approaches of a sexual nature by a client must be declined and documented in the client's record, and may be lead to legal action being undertaken against offending party if needed.
- 2.10. Not making claims or partial disclosure of relevant facts that contain any false, fraudulent, misleading, deceptive or unfair statements, or those intended or likely to create false or unjustified expectations of favourable results.

3. Personal Information and Confidentiality is of utmost importance and must be maintained as per:

- 3.1. Must comply with all applicable privacy legislation.
- 3.2. Subject to the preceding clause (3.1), team members shall keep confidential the information given by a client during consultations.
- 3.3. Client records must be securely stored, archived, passed on or disposed of in accordance with applicable privacy and health records legislation.
- 3.4. Must maintain accurate, legible, objective, comprehensive and up to date records in English of each client consultation. Any later modifications to these records must be signed and dated.